

AKU Society Patient Workshop 2024 - Liverpool - UK

Day 1: Wednesday 13th November - Agenda

08:30 - 09:30	Registration, teas and coffees	
09:30 - 09:50	Welcome & Update from AKU Society	Nick Sireau CEO & Chair of Trustees AKU Society
09:50 - 10:50	Group A Controlled protein cooking demonstration	Derek Clarke Chef Nutricia
09:50 - 10:50	Group B Diet and AKU	Clare Soulsby NAC dietician Liverpool University Hospitals NHS Foundation Trust
10:50 - 11:20	Coffee break	
11:20 - 12:20	Group B Controlled protein cooking demonstration	Derek Clarke Chef Nutricia
11:20 - 12:20	Group A Diet and AKU	Clare Soulsby NAC dietician Liverpool University Hospitals NHS Foundation Trust
12:20 - 12:40	Group photo	
12:40 - 13:40	Lunch	
13:40 - 14:40	Introducing Mindfulness-based approaches to Chronic Health Conditions (part 1)	Steve Smith Mindfulness Programmes Lead Rare Minds
14:40 - 15:30	Coffee break	
15:30 - 16:30	Introducing Mindfulness-based approaches to Chronic Health Conditions (part 2)	Steve Smith Mindfulness Programmes Lead Rare Minds
16:30 - 16:45	Improving Rare Disease outcomes with registries	Martin Twycross Industry Liaison Manager Dendrite Clinical Systems Ltd.
16:45 - 17:00	Summary and close	Nick Sireau CEO & Chair of Trustees AKU Society
17:15 - 18:15	Vitaflo focus group	
19:15 - 19:45	Welcome drink at the bar	For all attendees and speakers
19:45 - 21:15	3 course dinner	For all attendees and speakers

Day 2: Thursday 14th November - Agenda

08:30 - 09:00	Registration, teas and coffees	
09:00 - 09:20	AKU Research	Juliette Hughes Lecturer of Anatomy University of Liverpool
09:20- 09:40	AKU Research	Dr Brendan Norman Fellow- Musculoskeletal & Ageing Science University of Liverpool
09:45 -10:15	Update on the latest products and services from Nutricia	Eimar Higgins Metabolics & Ketogenics Specialist Nutricia
10:15 - 11:00	Coffee break	
11:00 - 12:30	Breakout session - Pilates	Sian Williams Pilates Instructor
		Facilitator: Jessica Barnes
		Prof Lakshminarayan Ranganath Consultant in Clinical Biochemistry and Metabolic Medicine University of Liverpool
		Clare Soulsby NAC dietician Liverpool University Hospitals NHS Foundation Trust
11:00 - 12:30	Breakout session - Children's workshop <i>Facilitated by: Jessica Barnes</i>	Derek Clarke Chef, Nutricia
12:30 - 13:30	Lunch	
13:30- 14:00	In water exercise for AKU	Jim Fish Certified Aquafit Instructor
14:00 - 15:00	History of AKU	Prof Lakshminarayan Ranganath Consultant in Clinical Biochemistry and Metabolic Medicine University of Liverpool
15:30 - 15:30	Summary and close	Nick Sireau CEO & Chair of Trustees AKU Society
15:30 - 16:00	Coffee break and networking	